

Name: \_\_\_\_\_

## Emotional, Intellectual, Physical, and Social Health

**Identify each as being either emotional, intellectual, physical, or social health.**

1. Being positive even if something bad happens \_\_\_\_\_
2. Running around outside after school \_\_\_\_\_
3. Going to the movies with friends  
\_\_\_\_\_
4. Doing homework  
\_\_\_\_\_
5. Playing after school with a friend \_\_\_\_\_
6. Reading a book  
\_\_\_\_\_
7. Crying as a release when you are sad \_\_\_\_\_
8. Going on a bike ride over the weekend \_\_\_\_\_
9. Reading the newspaper to learn more \_\_\_\_\_
10. Getting ice cream with a friend \_\_\_\_\_

**Draw a picture of someone being socially healthy:**