

Name: _____

Preventing Disease

Getting sick is no fun! Thankfully there are many things we can do to prevent the spread of illness.

True or false.

1. Always wash your hands before eating. _____
2. You don't need to wash your hands after blowing your nose. _____
3. Wash fruits and vegetables before eating them. _____
4. Washing hands with water is good enough. _____
5. You don't need to wash hands after using the bathroom. _____
6. Never share food with friends.

7. Wash your hands after touching animals. _____

Name 3 times during the day when you wash your hands:

1. _____

2. _____

3. _____
