

Name: _____

Being Safe with our Bodies

Let's face it, kids get hurt from time to time. It is so important that we practice being safe with our bodies in order to prevent injuries. Let's see if our following friends are being safe with their bodies:

1. Ben is running through the hall on his way to lunch. He bumps into a few kids along with way. If Ben being safe with his body?
A) Yes
B) No

2. Mary is playing on the slide. She carefully makes sure the slide is clear before she goes down. She always walks to the top and never climbs up the slide. Is Mary being safe with her body?
A) Yes
B) No

3. Josh skips three stairs at a time when he goes upstairs and jumps down four at a time when he goes downstairs. If Josh being safe with his body?
A) Yes
B) No

Draw a picture of your being safe with your body on the playground.

