WORKSHEET 10

Making decisions are very important. That is why we should practise the **STOP, Think and Go** method.

**STOP**

How do you feel? It is important that you know how you feel will affect your decisions.

**THINK**

Are there good or bad things that would happen if you make the choice?

**GO**

When you have decided to follow and act on your decision even if the outcome is good or bad.

Instructions: In groups of three in the space below think about a situation that would need you to make a decision. Mention how you made the decision using the **STOP, THINK** and **GO** method.

**STOP**

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