## **WORKSHEET 10**

Making decisions are very important. That is why we should practise the Stop, Think and Go method.

## STOP

How do you feel? It is important that you know how you feel will affect your decisions.

## THINK

Are there good or bad things that would happen if you make the choice?



## GO

When you have decided to follow and act on your decision even if the outcome is good or bad.

Instructions: In groups of three in the space below think about a situation that would need you to make a decision. Mention how you made the decision using the STOP, THINK and GO method.

STOP				

THINK
GO

Parent's/Guardian's signature.....