

# WORKSHEET 18



**Communication** takes place when someone speaks, and the person hears and understands what is being said, they show they understand by responding back.

We can show we understand by our facial expressions. Our facial express our feelings as well.

Instructions: Using the space below draw a **happy**, **sad** and **angry** facial expression.

Can you think of other feelings? This time write down three more types of feelings.

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It is very important to express your feelings when you feel them.  
It helps you to practice good communication skills. Good communication skills build awesome friendships.

Would you like it if your friend was sad and did not tell you why they were sad?

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Parent's/Guardian's signature.....