

# WORKSHEET 7



A **goal** is an idea of something that you want to achieve. To achieve is to get something. In order to achieve a goal you would need to work towards it over a period. It can be something you want today or next week or even next year.

Long-term goals are goals that would take a longer time to achieve, for example; passing your current grade can be a long-term goal because it takes 12 months to gain the knowledge you would need to go to the next grade.

A short-term goal is a goal that can be achieved much quicker, such as doing your best during football practice after school, or even passing a quiz that you may need to study for during that week.

Instructions: Write a short letter to your school guidance counsellor in the space provided, telling him or her about three long-term goals and three short-term goals that you have set for yourself. Your goals can be school related, personal or based on your community.

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Parent's/Guardian's signature.....